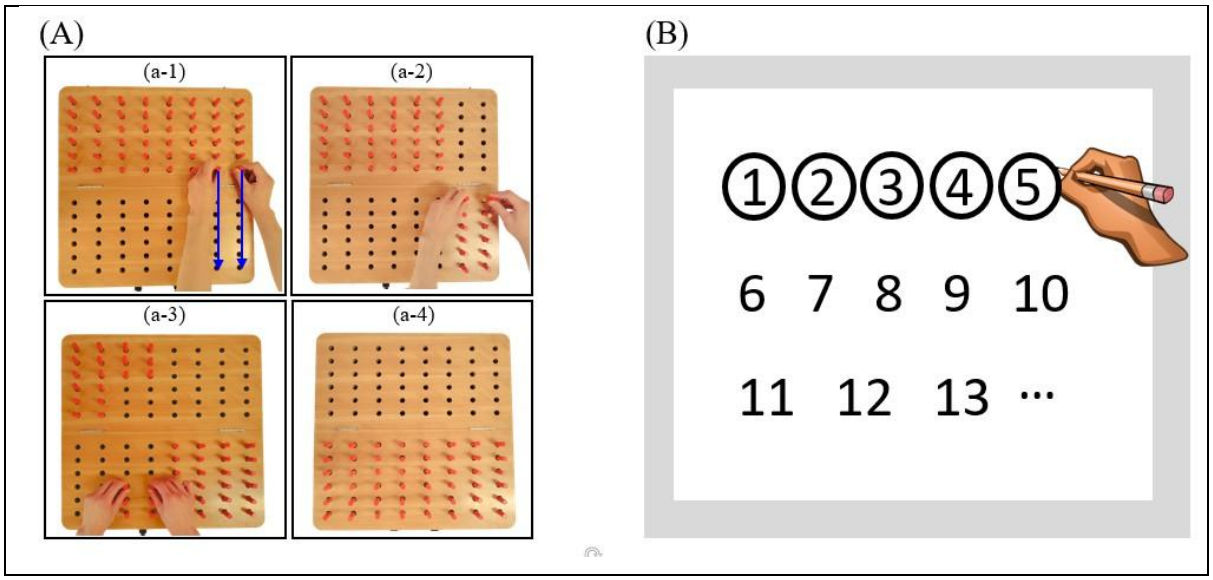

Fig. S2. Hand dexterity test. (A) Peg-moving task: Participants were instructed to move two pegs simultaneously from the distal to the proximal board using both hands as quickly as possible. The time (in seconds) required to move all 48 pegs was recorded. (a-1) Start position: 48 pegs are inserted into the distal board, and participants hold two pegs with both hands to begin the task. (a-2) Participants move two pegs simultaneously using both hands from the distal to the proximal board. (a-3) The task begins from the far-right columns of the distal board and proceeds leftward in two-column increments. (a-4) Task completion: all pegs have been moved to the proximal board. (B) Circle-drawing task: Participants were instructed to circle numbers 1 to 80 in sequential order as quickly as possible. The number of circles completed in 15 seconds was recorded as points.