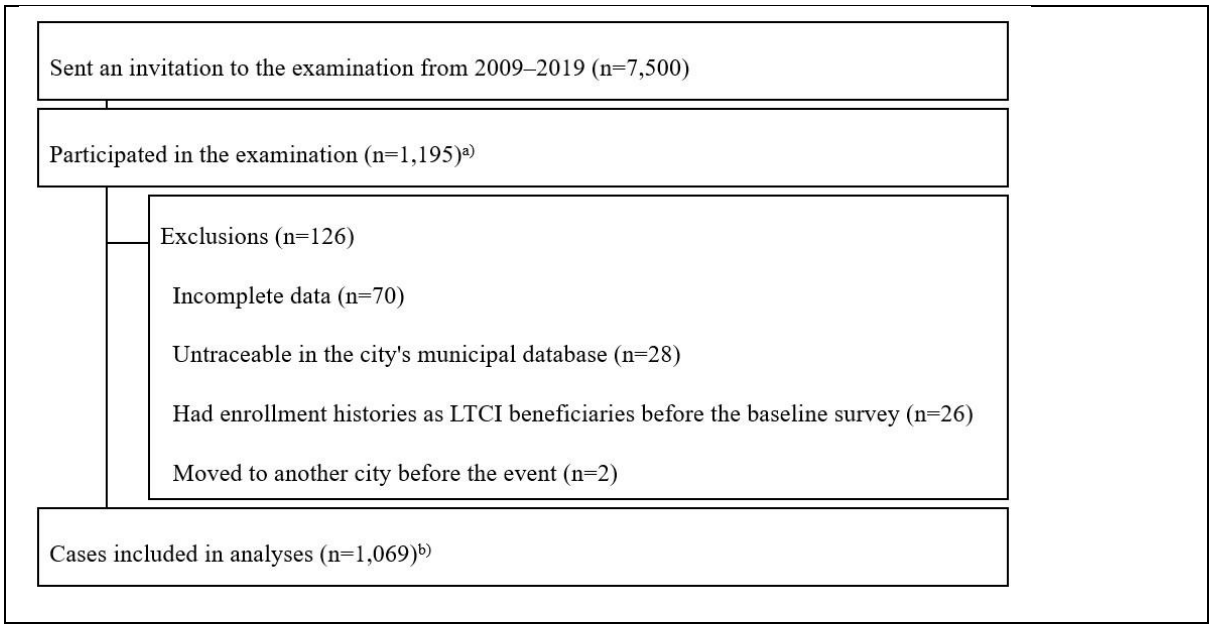

Fig. S1. Participant flow. a)To avoid overlapping data when individuals participated multiple times, the earliest valid data without missing values were prioritized. b)Participants were followed up using the city's municipal database until July 2023.